





Youth Survey

Hi!

This survey is done in the framework of CaSYPoT project (Capacity Building for Strategic Youth Policy and Transnatonal Cooperation) under the Interreg South Baltic Programme. Through this survey we will compare youth situation and opinions in cross-border scale in Lithuania, Poland, Russia and Sweden.

This survey is being carried out so that your town/city can have a better knowledge of the conditions young people are living in and what is needed to improve these conditions. The aim is to involve youth in taking decisions about your local environment and let your voices be heard. By completing this survey, you will help your town gain important knowledge about young people, and it can be used to develop youth policy in your town/city and in Euroregion Baltic.

The survey poses questions about your school, how you feel, what you do during your leisure time and more, but there are also questions concerning your life situation that may be perceived as private. We want you to feel safe in that no answers that you provide can be linked to you personally. Your answers will be added to everyone else's and presented in merged tables. Participation in the survey is voluntary, but your contribution is important!

Many thanks for your participation!

If you have any questions, comments or concerns, please contact:

Contact: xx/xx
Phone number:
E-Mail address:

For more information about the CaSYPoT project please visit <u>casypot.eu</u>

The content of this survey is the sole responsibility of the author and can in no way be taken to reflect the views of the European Union, the Managing Authority or the Joint Secretariat of the South Baltic Cross-border Cooperation Programme 2014-2020.

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A. Leisure

This introductory section will include some questions about your leisure time. By "leisure time" we mean time outside of schoolwork or work. We would like to know how much spare time you feel that you have, what you are doing during your leisure time and what you want to get out of it. All of this is important for the municipality to know in order to develop leisure activities for young people.

A1. How well do these statements describe you?

Make a selection on each row.

	Not true at all	Partly true	Completely true
There are things to do but nothing that interests me			
There are things to do but my family tells me I cannot participate			
There are things to do but I cannot get there			
There are things to do but it costs too much			

A2. How often do you do the following during your leisure time?

In some options two or more activities are included. If you only do one of the activities you can answer how often you do just that one. If you do several of the examples, answer how often you do them in total. This question relates to activities outside of school or work.

	Never	About once per year	About once per month	Once per week	Several times per week
Exercise/do sports					
Act, play music or dance					
Take photos or make films, draw/paint, write, sew or similar					
Play video games, online games or computer games					
Read books, newspapers, articles, blogs or similar					
Visit the library					
Go out into nature					
Go to a youth centre, leisure centre or similar					
Go to concerts					







	Never	About once per year	About once per month	Once per week	Several times per week
Go to theatres, musicals or dance performances					
Go to museums or exhibitions					
Go to see games or other sporting events					
Go to church or other religious organisation					
Party					
Use social media					
Other, please specify:					
☐ At each other's homes ☐ On social media on the Interne	t				
At each other's homes					
		_			
At a least association slub	e or similar				
At a local association club	n connecte	d with sports			
At a sports hall or other locatio At a coffee shop	ii connecte	u with sports			
At a restaurant, pub, bar or sin	nilar				
☐ In a mall or shopping centre					
☐ In the city centre/downtown					
Outside					
Church					
Club or disco					
Somewhere else					
If somewhere else, please indicate	where:				







A4. Do you think there is a lack of recreational activities where you live? ☐ Yes Go to question A5 A4b. What are you lacking? A5. Are you a member of any associations? For example any religious, cultural or sports association, a political youth association, a recreational, computer or game association, etc. No Yes If "yes", specify what type of association(s): **B. School** In this section we would like to know what you think about your school. For example, it could be about what you think is good or what could be improved. There will also be questions about how much or how little you as a student can – or want – to influence in your school. B1. What orientation does your secondary school programme have? ☐ Vocational Preparation for higher education Other orientation If other orientation, please indicate what orientation: _____







B2. Here are some statements about school. How well do you think they apply to your school?

School.	Not true at all	Somewhat true	Largely true	Completely true	Do not know
I enjoy the atmosphere in my school					
Bullying occurs in my school					
Racism occurs in my school					П
Sexual harassment occurs in my school					
My school takes action if a student bullies another student					
Students and teachers treat each other with respect in my school					
My school takes action if a teacher mistreats a student					
Violence occurs in my school					
My teachers treat boys and girls equally					
I've been informed about what students should be able to influence in school					
The school staff listen to what the student council says and takes them seriously					
The school educational culture is based on strong competition between students					
The school educational culture facilitate behaviour that students help each other					







B3. How much do you want to be part of and decide about the following?

	Very little/not at all	Rather little	Quite a lot	Very much
What I will be learning				
How we will work, for example group work/project work				
The homework				
The exams				
The schedule				
The food				
The school's "rules"				
The school environment (inside)				
The school environment (outside)				
The school's offer of free time activities				
B4. How much do you feel you a comes to the following?		nomea to be	a part or and a	
	Very little/not at all	Rather little	Quite a lot	Very much
What I will be learning	•	Rather little	Quite a lot	Very much
What I will be learning How we will work, for example group work/project work	•	Rather little	Quite a lot	Very much
How we will work, for example	•	Rather little	Quite a lot	Very much
How we will work, for example group work/project work	•	Rather little	Quite a lot	Very much
How we will work, for example group work/project work The homework	•	Rather little	Quite a lot	Very much
How we will work, for example group work/project work The homework The exams	•	Rather little	Quite a lot	Very much
How we will work, for example group work/project work The homework The exams The schedule	•	Rather little	Quite a lot	Very much
How we will work, for example group work/project work The homework The exams The schedule The food	•	Rather little	Quite a lot	Very much
How we will work, for example group work/project work The homework The exams The schedule The food The school's "rules" The school environment	•	Rather little	Quite a lot	Very much







C. Politics and society

In this section we would like to know how you view the different ways you can have an influence in your municipality, what – if anything – you would like to influence and how you think it works for you.

, , , , , , , , , , , , , , , , , , , ,				
C1. How interested are you in	the following?			
	Not at all interested	Not too interested	Rather interested	Very interested
Politics				
Social matters in general				
What is going on in other countries				
Local issues				
C2. Over the last 12 months, h	ave you done an	y of the follow	wing?	
		Yes	No, but I could imagine myself doir it	ng No
Contacted a politician, state official or decision maker in the municipality				
Written a proposal (civil proposal) to the municipality's politicians				
Taken part in a demonstration				
Discussed social matters/politics blogs on the internet	on forums or			
Liked/shared posts on social mat the internet	ters/politics on			
C3. Do you want to be part of a municipality?	and make decision	ons on questic	ons that concern y	our/
Yes				
\square No \rightarrow Go to question C4				







C3b. To whom or where do you turn if you want to influence something in your municipality? Here you can select several options.

•	•							
Someone I kno	w							
Political party o	Political party or political youth association							
Association or o	Association or organisation							
☐ Internet/social	☐ Internet/social media, for example Facebook							
☐ Civil servants o	r politicians							
Organised yout or youth assem		he ability to influe	ence, for example y	outh councils				
Other								
☐ Do not know								
C3c. What do you	want to influence	ce?						
C4. How much or little trust	do you have for	the following a	dults?					
	A lot of trust	Rather a lot of trust	Rather little trust	Very little trust				
Adult neighbours								
Adult relatives								
Teachers								
Parents								
The police								
Priests or other religious leader								
Politicians								







D. Security

This section is about security and how you feel in different environments, if you have been a victim of a crime or other forms of mistreatment and, in which case, where and by whom. We would also like to know if you know where you could turn for support if you were to be mistreated or feel unwell.

D1. Now we want you to look back at you?	the last six	months.	Has any of	f this happ	ened to
•	No		Yes		not want to answer
Someone has threatened me					
Someone has stolen from me					
I have been exposed to physical violence					
I have been exposed to sexual violence/abuse					
D2a. How often do you feel safe in the	e following	places?		Most of the	
	1	Never	Seldom	Most of the time	Always
At home					
In school					
In the city or city centre					
D2b. How often do you feel safe in the	efollowing	places?			
	Never	Seldom	Most of the time	Always	Not relevant
On the bus, train or similar					
On the internet					
On the way to or from school					
In my residential area					
During a workout or organised recreational activity					
At the youth centre, leisure centre or similar					
At church					







D3. During the last six months, have you been bulled, harassed or excluded:
Yes, over a longer period of time
Yes, on a few occasions
Yes, once
\square No \rightarrow Go to question D4
D3b. Where were you bullied, harassed or excluded? Here you can select several options.
☐ At home
☐ In someone else's home
☐ In my residential area
On the way to or from school
☐ In school
☐ During a workout or organised recreational activity
☐ At the youth centre, leisure centre or similar
☐ At church
☐ In the city or city centre
On the bus, train or similar
On the internet/my mobile phone
Other. Please specify:
D4. In the last six months have you felt that you have been unfairly treated in a way that made you feel unwell?
Yes, several times
Yes, on one or two occasions
\square No \rightarrow Go to question D5







b. Who have you feel unfairly treated by? Here you can select several options. Other students/youths ☐ Family/relatives Staff within... ...school ...a leisure centre or similar ...church ...healthcare services ...the police/justice department ...social services ...an organisation or association (for example coach or leader) Other person Please specify: _ c. For what reason(s) do you think you were unfairly treated? Here you can select several options. Ethnic background (where I or my family come from) Sex Sexual orientation ___ Age Appearance ☐ Disability Religion or beliefs Political opinion Other reason, please specify: _____ Do not know D5. Do you know where you could turn to get support if you were to be mistreated or feel unwell? Yes □No







E. Health

Here are some questions about your health and how you feel. We would also like to know how you feel about tobacco, alcohol and drugs.

E1. How would you as – over the last six mo	_	ealth – how you	u have bee	n doing and h	ow you have felt
☐ Very good					
Rather good					
☐ Neither good nor poo	r				
☐ Rather poor					
☐ Very poor					
E2. Over the last six m	nonths, how	often have you	ı had the f	ollowing prob	lems?
	Seldom or never	Once or a few times per month	Once per week	Several times per week	Every day
Headache					
Stomach ache					
Back ache					
Felt down (depressed or down)					
Difficulty falling asleep					
Sleeping badly					
Felt dizzy					
Felt irritated or annoyed					
Felt nervous					
E3. How often do you Include exercise both inside		_	ause heavy	breathing or	perspiration?
☐ Every day					
Several times per we	ek				
Once per week					
$\hfill\Box$ Once or a few times μ	per month				
Seldom or never					







E4. How often do you	-					
	Seldom or never	Once or a few times per month	Once per week	Several times per week	Every day	Don't want to answer
smoke cigarettes						
smoke e-cigarettes?						
drink energetic drinks?						
use snus? (question only in Swedish version)						
drink beer or cider?						
drink alcopops or wine?						
drink spirits?						
Go	to question	E5				
b. How do you	usually ge	t hold of alcoh	ol?			
Your answer:			_			
c. How often o	lo you drinl	k enough alcol	nol to fee	l drunk?		
☐ I do not drin	k alcohol					
Seldom or n	ever					
Once or a fe	w times per	month				
Once per we	ek					
Several time	s per week					
E5. Does your parent/[Oo your par	ents allow you	ı to drink	alcohol?		
Yes						
Yes, but only on specia	al occasions					
☐ No						
☐ Do not know						







E6. Have you ever used drugs?By "drugs" we mean illegal substances classed as drugs. Substances

By "drugs" we mean illegal substances classed as drugs. Substances prescribed by a medical professional are not counted.
Yes, often
Yes, sometimes
Yes, once
\square No \rightarrow Go to section F
☐ Do not want to answer
b. Which type(s) of drugs have you used? Substances prescribed by a medical professional are not counted.
Your answer:
F. Work
In this section we will ask some questions about how you view work outside of school and summer jobs.
F1. Do you have a job at the moment?
\square Yes \rightarrow Go to question b
\square No \rightarrow Go to question d
b. Approximately how many hours per week do you work?
Your answer:
c. Describe what type of job you have
Your answer: $ ightarrow$ Go to question F2







d. Why do you i	not have an extra job?
☐ I do not want	to
☐ I do not have	time for a job
☐ I haven't beer	n able to find a job/no job offers
Other, please	specify:
F2. Could you imagine star	ting your own business in the future?
☐ I have already started a co	mpany → Go to question F2b
Yes	
□ No	
☐ Do not know	
F2b. If you have already st	arted a company please specify the branch:
G. Future	
	o know how you feel about the future, what you want to do and what ld also like to know what you think are the advantages or municipality.
G1. What would you most & Only select one option.	enjoy doing straight after upper secondary school?
Studying at a university co	llege or university in Sweden/Lithuania/Poland/Russia
Studying abroad	
☐ Working in this municipalit	y or a municipality nearby
☐ Working somewhere else in	n the country
☐ Working abroad	
☐ Working at my family's far	m or business
☐ Combine study and work	
Start my own business	
☐ Travelling	
☐ Do not know	







G2. Do you *believe* you will continue studying after upper secondary school, either straight after or later?

Yes, I will continue studying			_			
Yes, I will continue studying	•	•):		
Please specify:						
No, I will not be studying aft	er upper se	econdary sch	001			
☐ Do not know						
G3. What do you believe you Select only one option.	will be do	oing <i>straigh</i>	t after seco	ndary sch	ool?	
☐ Studying at a university colle ☐ Studying abroad	ge or unive	ersity in Swe	eden/Lithuani	a/Poland/R	ussia	
☐ Working in this municipality	or a munici	pality nearb	у			
☐ Working somewhere else in S	Sweden/Lit	huania/Polar	nd/Russia			
☐ Working abroad						
☐ Working at my family's farm	or busines:	S				
☐ Combine study and work						
☐ Start my own business						
Travelling						
Other						
G4. Do you think you will mo	ve away f	rom the mu	ınicipality iı	n which yo	ou live?	
Yes						
☐ No						
G4b. How important are each or municipality you live in?	f the follow	ing aspects	for your decis	sion to <i>mo</i> v	ve away fro	om the
	Not	Slightly	Of average	Important	Very	I do not
Work	important	important	importance		important	know
Continued studies						
My recreational interests						$\overline{\Box}$







	Not important	Slightly important	Of average importance	Important	Very important	I do not know
Friends or						
girlfriend/boyfriend/partner						
Family and relatives						
The housing situation in the municipality						
Want to be closer to nature						
Want to be closer to a larger municipality or city						
Better environment for children to grow up in						
Here I cannot be who I am						
G4c. How important are each o	of the follow	ing aspects t	for your decis	sion to <i>stay</i>	in the mur	nicipality
	Not	Slightly	Of average	sion to <i>stay</i> Important	Very	I do not
you live in?	Not	Slightly	Of average		Very	I do not
you live in? Work	Not	Slightly	Of average		Very	I do not
Work Continued studies My recreational interests Friends or	Not	Slightly	Of average		Very	I do not
Work Continued studies My recreational interests Friends or girlfriend/boyfriend/partner	Not	Slightly	Of average		Very	I do not
Work Continued studies My recreational interests Friends or girlfriend/boyfriend/partner Family and relatives	Not	Slightly	Of average		Very	I do not
Work Continued studies My recreational interests Friends or girlfriend/boyfriend/partner	Not	Slightly	Of average		Very	I do not
Work Continued studies My recreational interests Friends or girlfriend/boyfriend/partner Family and relatives The housing situation in the	Not	Slightly	Of average		Very	I do not
Work Continued studies My recreational interests Friends or girlfriend/boyfriend/partner Family and relatives The housing situation in the municipality	Not	Slightly	Of average		Very	I do not
Work Continued studies My recreational interests Friends or girlfriend/boyfriend/partner Family and relatives The housing situation in the municipality Want to be closer to nature Want to be closer to a larger	Not	Slightly	Of average		Very	I do not







If in the previous question you missed some reason to stay in your municipality/town please specify it here:
H. You and your family
In this final section, we will ask some background questions about you and your family. When we ask questions about your parents, we mean the people you consider to be your parents, regardless of whether they are your biological parents or not and regardless of how many adults there are in your family. Your answers are important so try to answer what you can.
H1a. Gender
Girl
Воу
H1b. Year of birth
H2. Do you have any illness or disability which is not temporary and which means that you have difficulty participating in various activities, such as at school, with friends or during your leisure time?
Yes
□ No
☐ Do not want to answer







H3. Where were you and your parent or parents born?

			١	Sweden (Kaliningrad Region/Russia (Poland) (Lithuania)	a) INC	ordic ntries	Europe	Outside E	urope
You					[
Parent a (ı	mother)				[
Parent b (1	father)				[
If you answ	ered tha	at you wer	e born ir	n Sweden, <i>Go</i>	to quest	ion H4.			
				n in Sweden e you lived h		- Kaliningr	ad Region,	/ Lithuan	ia/
	<u> </u>	years or n	nore	-					
	4-9	years							
	□ 0-3	3 years							
H4. What in Please fill in	is/are t the rows	he main that apply	occupat to your lit	ion(s) of your	ur paren	t(s) or othe	r legal gua	ordian?	
	Work	Work abroad	Study	Parental leave	Unem- ployed	Long-term sick leave/ disability pensioner	Old-age pensioner	Other	Do not know
Parent a (mother)									
Parent b (father)									
Legal guardian (if you are not cared by parents)									







H5. What is your pare	nts' nignest le	vei of education	n?		
	Less than 9 years of schooling	9 years of schooling	Upper secondary school	Tertiary education	I do not know
Parent a (mother)					
Parent b (father)					
H6. To what extent ar	e you worried	about your pa	rents' (or legal	guardian's) fin	ances?
☐ Not at all worried					
☐ Not too worried					
☐ Rather worried					
☐ Very worried					
H7. Over the past six something that maccould not afford it	any others of y		_		_
Yes, several times					
Yes, once					
☐ No					
Do not want to answer	er				
H8. In addition to more your municipyoung people?	•	-		•	-

Thank you very much for your help!